



## **HIGH-FIVES**

Qualifying rounds will be held, the winners of which will progress onto the Borough Final

### **Team Requirements**

- Years: 5 & 6
- Teams of 7-9 players, with no more than 2 boys per squad.

### **Rules and Regulations**

- All rules for 7-a-side netball are still used, the following are additional/modified
- The player with the ball must be permitted an unimpeded throwing or shooting action. One jump to intercept a throw or shot at goal is permitted provided that the player is at least 1m away and that the arms are not outstretched prior to the jump. Jumping up and down in front of a player is not permitted
- A player has 4 seconds in which to make a pass/shot to another team player
- Players must rotate positions

### **Player Rotation**

#### **For a squad of 7 players**

GS > GK > Scorer > GA > GD > Timekeeper > C

#### **For a squad of 8 players**

GS > GK > Scorer > C > GA > Timekeeper > GD > Centre Pass Marker

#### **For a squad of 9 players**

GS > Centre Pass Marker > GK > Scorer > GA > Timekeeper > GD > Scorer > C

**GA/GS:** Goal & Centre Third

**C:** Everywhere except semi circles

**GD/GK:** Goal & Centre Third